

# Hypnotherapy & Working with Children

Aston Hotel, Darlington Saturday 20 & Sunday 21 September  
2008

A two day course presented by Heather King FIAH MNRAH, MAPHP (Acc). MNCH

## Day One

- Safe practice
- Police checks
- Parental involvement
- Special needs
- Common symptoms
- Suggestions, age appropriate language etc

## Day Two

- Recap - Q & A
- Differences between adult & child cased therapy
- Demonstration with volunteer
- Basic framework of a session
- Role-play
- Practical work
- Written & practical Test

Heather King has many years experience as a hypnotherapist specialising in working with children and adolescents. In this two day course she will discuss many of the important techniques, insights and increased understanding necessary for treating children and adolescents safely and successfully. These will include:

- A technique which is hugely successful in treating childrens' problems will be explained.
- Child-friendly inductions, and metaphors speaking in a language children can understand easily.
- How to build up rapport, trust and belief (very important when working with children).
- Nail-biting, bed wetting, school phobia, anxiety, blushing, coprophobia, hair pulling, eating disorders, sleeping problems and other common problems Heather deals with regularly in her consulting room.
- Parental involvement and interaction.
- Aspergers Syndrome, autism and ADD (Attention Deficit Disorder)
- How to help children, SAFELY and SUCCESSFULLY

Heather was recently made a Fellow of the Royal Society of Medicine

The course will take a total of 16 hours including the written and practical tests

**Cost: £ 200**

Refreshments and a buffet lunch are provided on both days

Special weekend room rates available

To book a place on the course please fill in the details below and forward to:

Bill Cunningham MHFA Training  
Suite 204  
Imperial Business Centre  
Grange Road  
Darlington  
DL1 5NQ

with a £50.00 deposit. Cheques should be made payable to Bill Cunningham.

Name: .....

Address:

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Tel No:

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Email: .....

Please contact Bill, on 0845 6300059 or at [info@tarn-therapy.co.uk](mailto:info@tarn-therapy.co.uk) if you have any questions about the course.